



Mystique Cheer and Dance

Health and Safety Policy 2022-2023

At Mystique Cheer and Dance we provide and maintain safe and healthy working conditions, equipment and systems of work for all our employees and a safe learning environment for our athletes. We accept our responsibility for the health and safety of other people who may be affected by our activities.

We follow all relevant legislation and associated guidance relating to health and safety within the nursery including:

- The regulations of the Health & Safety at Work Act 1974 and any other relevant legislation such as Control Of Substances Hazardous to Health Regulation (COSHH)
- Any guidance provided by Public Health England, the local health protection unit, the local authority environmental health department, fire authority or the Health and Safety Executive

The aim of this policy is to ensure that all reasonably practical steps are taken to ensure the health, safety and welfare of all persons using the premises.

- Carry out regular risk assessments of all spaces and activities related to Mystique Cheer and Dance to ensure safety of all staff, athletes and visitors to the facility.
- Maintain up to date training and qualifications for all staff involved with Mystique Cheer and Dance including but not limited to:
 - ◆ BGU cheer and tumble qualifications
 - ◆ Child safeguarding
 - ◆ Health, safety and welfare
 - ◆ First aid/BLS
 - ◆ Fire safety
- Maintain safe entry and exit routes to the Mystique gym and ensure all staff, athletes and visitors know the fire escape procedures
- Ensure all staff, athletes and visitors know the fire assembly point is FRONT CAR PARK, SHERDLEY ROAD INDUSTRIAL ESTATE
- All staff to complete a full team register at every session held by Mystique Cheer and Dance
- Have appropriate fire control equipment that is checked on a regular basis
- Encourage all to report any unsafe working areas or practices to a member of Mystique Cheer and Dance staff so that it can be dealt with immediately
- Ensure all staff know the of and follow the correct accident policy for any athletes and visitors
- Maintain hygienic toilet and kitchen facilities

- To ensure that all cleaning products are kept out of reach of children and stored in a safe manner
- Prohibit all smoking on the Mystique premises
- Prohibit certain foods that staff, athletes or visitors may have allergies to
- Ensure a fully stocked and checked first aid bag
- To make all staff, athletes and visitors aware of where the first aid bag is and who the appropriate first aiders are – Fiona Tyacke, Molly Crook & Nicola Morton
- Ensure that all athletes are supervised at all times
- Ensure supervision of any volunteers – all of which must be DBS checked before being allowed to work with children.